

## The Oil Protein Diet Cookbook

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I found Budwig's "The Oil-Protein Diet Cookbook" great for cooking suggestions, but it was written back in 1952, when GMO, pesticides, and the over-use of antibiotics were not a problem in Germany, so I would not take this book as my main guide in fighting cancer.

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The Oil Protein Diet Cookbook [Paperback] Johanna Budwig

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Home - The Original Oil-Protein Diet | THE SCIENCE OF ...

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